

# Clearblue DIGITAL

with **SMART COUNTDOWN**

## Pregnancy Test

- Clearblue Digital is over 99% accurate from the day your period is due.
- Clearblue Digital can be used from 4 days before your period is due.  
**Please read this leaflet carefully before doing the test.**

### 1 Do the test

#### IMPORTANT

- Throughout testing **never** hold the test stick with the absorbent sampler pointing upwards.



Do



Don't

**If testing from the day your period is due you can test at any time of day.  
If testing before your period is due, use the first urine of the day.**

- When you are ready to test, remove the test stick from the foil wrapper and take off the cap. Use the test stick straight away.

#### EITHER TEST IN YOUR URINE STREAM

- Place just the absorbent sampler pointing downwards in your urine stream **for 5 seconds only**.
- Take care not to get the rest of the test stick wet.
- Keep the absorbent sampler pointing downward, replace the cap and lay the test stick flat.



OR

#### COLLECT A SAMPLE OF YOUR URINE IN A CLEAN, DRY CONTAINER

- Place just the absorbent sampler in the urine, as shown, for **20 seconds only**.
- Keep the absorbent sampler pointing downward, replace the cap and lay the test stick flat.



### 2 Clearblue SMART COUNTDOWN

- The Smart Countdown will now be shown on the display so you know the test is working and each segment will appear in sequence to show the test is progressing.

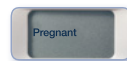


Smart Countdown

- If the Smart Countdown does not appear after you have used the test, see Q5.

### 3 SEE YOUR RESULT

- Once the Smart Countdown is complete it will disappear from the display and your result will be shown.
- This will take a maximum of 3 minutes but some results may be shown in as little as 1 minute.
- A 'Pregnant' result will remain on the display for up to 6 months.
- A 'Not Pregnant' result will remain on the display for approximately 24 hours.



If your result is 'Pregnant' see Q9.



If your result is 'Not Pregnant' see Q10.

Questions and Answers - Please read the section overleaf which answers the most frequently asked questions.

## Questions and Answers

**1 How accurate is Clearblue Digital Pregnancy Test?**  
Clearblue Digital Pregnancy Test is more than 99% accurate in laboratory tests, when used from the day your period is due.

**2 How does Clearblue Digital Pregnancy Test work?**  
When you are pregnant your body produces the pregnancy hormone hCG (human Chorionic Gonadotrophin). The amount of hCG in your body increases in the early stages of pregnancy. Clearblue Digital Pregnancy Test can detect tiny amounts of this hormone in your urine. (The sensitivity of the Clearblue Digital Pregnancy Test is 25mIU/ml.)

**3 When can I test with Clearblue Digital Pregnancy Test?**  
Clearblue recommends that you test from the day your period is due. However, the pregnancy hormone increases rapidly in early pregnancy and this test can be used to test up to 4 days before your period is due. If you test before your expected period and get a 'Not Pregnant' result there is still a chance that you may be pregnant. See the table below for results from clinical testing of Clearblue Digital with early pregnancy samples:

Testing Early	Number of days before the period is due			
	- 1	- 2	- 3	- 4
% of samples from pregnant women giving a 'Pregnant' result.	95%	90%	82%	51%

- To work out when your period is due, calculate your usual cycle length by counting the number of days from the first day of your period until the day before your next period starts.
- If you have irregular cycles, you should allow for your longest cycle in recent months before testing.
- If you have no idea when your period is due, we recommend testing at least 19 days after the last time you had unprotected sex.
- If testing from the day your period is due, you can test any time of day. If testing early use the first urine of the day. Avoid excessive fluid before testing.
- If the result is 'Not Pregnant' and pregnancy is still suspected see Q10.

**4 Can any medication or medical conditions affect the results?**

- Always read the manufacturer's instructions for any medication you are taking before conducting the test.
- Fertility drugs containing hCG can give misleading results (these fertility drugs are usually given by injection, and testing too soon after administration may give a false 'Pregnant' result).
- Other fertility therapies (such as clomiphene citrate), painkillers and hormonal contraceptives (e.g. contraceptive pills) should not affect the result.
- If you have recently stopped taking hormonal contraception or are using fertility therapies like clomiphene citrate, your periods may be irregular, leading you to test too soon.
- If you have recently been pregnant (even if not carried to full term) you may get a false 'Pregnant' result.
- Ectopic pregnancy, ovarian cysts, menopause and some very rare medical conditions can give misleading results.
- If you have a 'Pregnant' result it is possible that you later find that you are not pregnant due to natural loss of the pregnancy which can occur in the early stages.

If you do get unexpected results you should discuss them with your doctor.

**5 I have used the test but the Smart Countdown has not appeared what does this mean?**

The test has not been performed correctly. See 'Test Errors' below.

**6 The Smart Countdown counted down much faster than I expected, what does this mean?**

Some results can be displayed in as little as 1 minute. In such cases the Smart Countdown segments will appear more rapidly.

**7 The Smart Countdown started but did not finish and no result appeared on the display, or an error is now displayed. What does this mean?**

The test has not worked correctly see 'Test Errors' below.

**8 I have used the test but no result has appeared on the display. What does this mean?**

Your result should appear on the display within 3 minutes. If no result appears please see 'Test Errors' below.

**9 My test says I'm Pregnant. What should I do?**

If your result is 'Pregnant' you should see your doctor who can advise you on what steps you should take next.

**10 My test says I'm Not Pregnant. What should I do?**

You may not be pregnant or the level of pregnancy hormone may not yet be high enough to be detected, or you may have miscalculated the day your period is due.

- If you tested early, test again when your period is due.
- If your period is overdue, test again in 3 days time. If this test gives you a 'Not Pregnant' result and you still have not had your period, see your doctor.

## Test Errors

**Book Error** – an error has occurred during testing. It may be that:

- The absorbent sampler was not kept pointing downward or the test was not laid flat after urine was applied.
- Too much or too little urine was applied.
- If your period is overdue, test again with a new test. Take care to follow the instructions.

### Blank Error

The test has not performed as expected. This may be because the instructions for use were not followed. You will need to perform another test. Please follow the instructions for use carefully.

## DISPOSING OF YOUR TEST

Remove the battery prior to test stick disposal. Battery disposal should be in accordance with the appropriate recycling scheme. To remove, insert a coin into the slot at the end and twist to break open the back of the test stick.  
**Caution:** Do not disassemble, recharge or dispose of batteries in fire.  
Dispose of the rest of the test stick according to the appropriate recycling scheme for electrical equipment. Do not dispose of electrical equipment in fire.



**www.clearblue.com**

Advisors available 07:00 – 15:00hrs Mon-Fri, excluding Bank Holidays.

**UK 0800 917 2710 • IE 1800 812 607**

Free from landlines, mobiles may be charged. All calls are recorded and may be monitored for quality purposes. Please be ready to quote the **LOT** number.

This test meets the electromagnetic emissions requirements of EN61326. Its electromagnetic emission is therefore low. Interference from other electrically driven equipment is not expected. This test should not be used in close proximity to sources of strong electromagnetic radiation, e.g. mobile phones, as these may prevent the test from working correctly. To avoid electrostatic discharge, do not use the test in a very dry environment, especially one in which synthetic materials are present.

In vitro diagnostic medical device	LOT	Batch Code	Do not re use
Temperature Limitation 2°C - 30°C	Use By	Manufacturer	

This device is for home use.

For *in vitro* diagnostic use only. Store at room temperature. Allow to reach room temperature for 30 minutes prior to testing if stored refrigerated.

Keep out of the reach of children. Use test stick once.

Do not use if the foil wrapper is damaged.

Do not use a test stick that has passed its expiry date.

These instructions are for model number ATH001

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