**Introduction**

Many parents worry about their children becoming involved with drugs and if you use any drug it involves a risk. This risk is increased when drugs are mixed with alcohol or other drugs. The idea of testing saliva for the presence of drugs is to deter your staff or child from using drugs.

**3 Test Panel**

This test looks for the presence of Cocaine (COC), Marijuana (THC) and Opiates (OPI). This test is fast, accurate and easy to do.

**Drugs in the workplace**

Drugs can affect the brain and the body in a number of ways and this may affect the employee’s performance at work even if the misuse takes place outside the place of work. As an employer you have a duty to ensure as far as reasonably possible that your employees are not a danger to other employees or the general public by consuming drugs of abuse.

**Legalities**

If you are an employer wanting to test staff for drugs of abuse it is important that you have a policy in place, warning staff that they may be subject to random drug tests and that the use of drugs in the workplace or being under the influence of drugs in the workplace is a dismissible offence. It is also important that you keep up to date on the latest government legislation. If one of your employees has a drug problem you should make every effort to help them, and encourage them to seek professional help. If drug abuse is a common problem in your workplace it may be in your interest to begin a drug awareness programme for staff and managers.

**Pack contents**

- Foil pouch containing test device
- Instructions

**When should I do the test?**

This test can be done at any time.

**Precautions**

1. Do not use this test beyond the expiry date on the foil pouch.
2. Do not use this test if the foil pouch has been opened.
3. Due to the sensitive nature of this drugs test, you must be careful when carrying out the test to avoid contamination and thus inaccurate test results. Please read these instructions carefully before beginning the test.
4. Do not place anything in the mouth including food, drink, gum or tobacco products for at least 10 minutes prior to testing.

**Carrying out the test**

1. Remove the test from the sealed pouch and use the test within 1 hour.
2. Remove the cap and insert the absorbent tip of the test under the tongue to collect oral fluid until both control lines appear. This should take around 1 minute but may take longer if your mouth is dry. Make sure you wait until the dye fills the window and both control lines form before removing from the mouth. Do not bite, suck, or chew on the test.
3. Replace the cap and place the test facing up on a clean and level surface.
4. The result should be read at 10 minutes. Do not interpret the result after 1 hour.

**Result interpretation**

- Positive: Both control lines appear
- Negative: Both control lines do not appear
- Invalid: Control lines appear before removal from the mouth

**References**

- Department of Health: Drugs and work. A guidance for employers.
- Health and Safety Executive: Drug and alcohol testing for employees.
This test should be stored below 30ºC (85ºF), do not freeze. Bring the test kit to room temperature before performing the test.

If you obtain a positive result then a drug of abuse has been detected in the saliva. You may want to do another test later, again in a few weeks time.

If you obtain a negative result this indicates that the drug concentration in the oral fluid specimen is below the designated letter code.

Remember a negative saliva sample will produce a line next to the corresponding 3 letter code and a positive saliva sample will not produce a line next to the corresponding 3 letter code.

What should I do with the results?

If you obtain a negative result this indicates that the drug concentration in the oral fluid specimen is below the designated cut off level for that specific drug. We would suggest that you re-test again in a few weeks time.

If you obtain a positive result then a drug of abuse has been detected in the saliva. You may want to do another test later, or at a further date to confirm the result.

Storage

Drug Names and there respective Street Names

<table>
<thead>
<tr>
<th>Abbreviated name on test</th>
<th>Proper name</th>
<th>Other names</th>
<th>Approximate detectable time it remains in the body after use.</th>
</tr>
</thead>
<tbody>
<tr>
<td>AMP</td>
<td>AMPHETAMINES</td>
<td>SPEED, AMPH or WHIZZ</td>
<td>10 MIN - 72 HOURS</td>
</tr>
<tr>
<td>COC</td>
<td>COCAINE</td>
<td>COKE, CRACK or CHARLIE</td>
<td>10 MIN - 24 HOURS</td>
</tr>
<tr>
<td>THC</td>
<td>MARIJUANA</td>
<td>CANNABIS, PUFF, SPLIFF or HASH.</td>
<td>UP TO 14 HOURS</td>
</tr>
<tr>
<td>MET</td>
<td>METHAMPHETAMINES</td>
<td>ICE, GLASS or METH</td>
<td>10 MIN - 72 HOURS</td>
</tr>
<tr>
<td>MTD</td>
<td>METHADONE</td>
<td>DOLLY, RED ROCK</td>
<td>UP TO 2 DAYS</td>
</tr>
<tr>
<td>OPI/MOP/MOR</td>
<td>OPIATES</td>
<td>HEROIN, SMACK or GEAR</td>
<td>1 HOUR - SEVERAL DAYS</td>
</tr>
<tr>
<td>BZO</td>
<td>BENZODIAZEPINE</td>
<td>VALIUM, TRANKS, NERVE PILLS</td>
<td>2-3 DAYS</td>
</tr>
</tbody>
</table>

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