

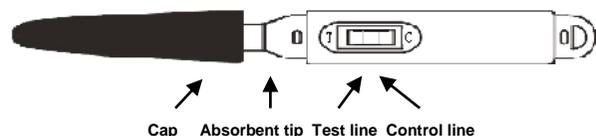
One Step FSH Female Fertility/Menopause Test Kit Midstream (Urine)

A woman's fertility starts to decline after she gets to 30 but what you probably did not know is that the hormone FSH (follicle-stimulating hormone) is intimately involve with a women's fertility and rising levels tend to be associated with reduced fertility. FSH is the hormone that maintains the regular function of your ovaries and sex hormones and it is a useful aid to assessing your fertility. This test is especially useful for women with irregular cycles and women aged 30 or over.

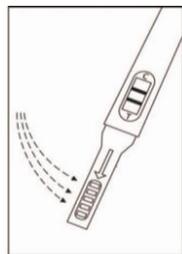
This Female Fertility Test detects FSH in urine at concentrations of 25mIU/ml or greater.

Directions for Use

Read all instructions carefully.



1. Remove the test device from the protective pouch.
2. Remove the plastic cap to expose the absorbent tip.
3. Hold the handle of the test device and turn test side on and make sure that the tip is pointing downwards.
4. As shown in the diagram urinate on to the side of the tip until it is thoroughly wet (about ten seconds) *.
5. Replace the cap over the tip and lay the device on a flat service with the window facing up. Wait for the test result.
6. Depending on the concentration of FSH in the urine sample positive results may be seen within 40 seconds. Wait the full five minutes to confirm the result. Do not read the test result after 5 minutes as this may also give an incorrect result.



* Alternatively, you may urinate into a clean, dry cup or container and dip the tip into the urine for about ten seconds.

Note:

The first morning urine contains the highest level of FSH and is the best for testing. Urine collected during the day will contain lower levels of FSH and may cause false negatives. Do not drink excess fluids after midnight before testing in the morning.

- Store at room temperature 15-30 C (59-86 F)
- For in-vitro diagnostic use only. Not for internal use.
- Keep away from children.
- Each test should be used only once. Discard after use.

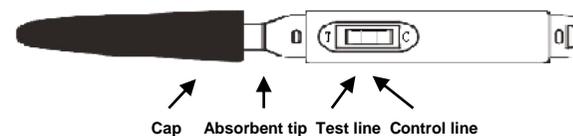
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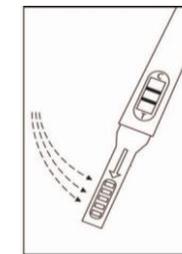
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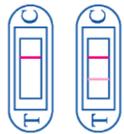
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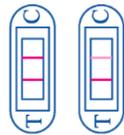
How to read the result

Keep the test device on a flat surface for 5 minutes and read the result. There should be a pink line (control line) that appears in the small square control window to tell you that (1) the test is valid and (2) the test is completed.



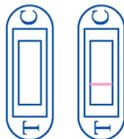
NEGATIVE

Two lines are visible, but the line in the test window (T) is lighter than the one in the reference window (C), OR there is no line in the test window (T). This indicates that you are probably not experiencing perimenopause in this cycle.



POSITIVE

Two lines are visible and the line in the test window (T) is the same as or darker than the one in the reference window (C). This indicates that your FSH level is higher than normal and you may be experiencing perimenopause. Testing should be repeated after 5 to 7 days.



INVALID

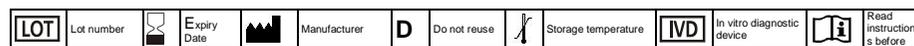
Reference line fails to appear. The result is invalid if no red line appears in the reference window (C), even if a line appears in the test window (T). You should repeat with a new midstream test.

Understanding your results

Positive – If the test result is positive, repeat the test one week later using the second midstream test to confirm the result. FSH elevates for short periods in normal cycles but it is the extended elevation of FSH, which could indicate pre-menopausal state. If the second test is also positive you should make an appointment to visit your doctor. A positive result means that FSH levels are high, this can be an indicator of pre-menopausal state and if symptoms such as irregular periods, hot flushes, mood swings, insomnia and fatigue exist, you should discuss your result and symptoms with your doctor.

Negative – A Negative Test result indicates that your FSH levels are not raised. However, if you do have irregular periods or any menopausal-like symptoms we still recommend you see your doctor.

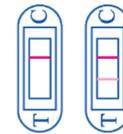
Graphical Symbols Used



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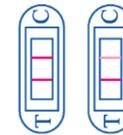
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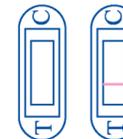
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