

### Introduction

This test looks for the presence of drugs of abuse. Please check the abbreviated code that is printed on the test foil and the test itself (eg. COC, THC, KET etc.) and then refer to the table overleaf where you will find the proper drug names, street names and the approximate detection times. Please note Methamphetamines are part of the Amphetamine family of drugs and so will normally prove positive for ecstasy (E's). This test is fast, accurate and very easy to do.

### Drugs in the workplace

Drugs can affect the brain and the body in a number of ways and this may affect the employee's performance at work even if the misuse takes place outside the place of work. As an employer you have a duty to ensure as far as is reasonably possible that your employees are not a danger to other employees or the general public by consuming drugs of abuse.

### Legalities

If you are an employer wanting to test staff for drugs of abuse it is important that you have a policy in place, warning staff that they may be subject to random drug tests and that the use of drugs in the workplace or being under the influence of drugs in the workplace is a dismissible offence. It is also important that you keep up to date on the latest government legislation.

If one of your employees has a drug problem you should make every effort to help them, and encourage them to seek professional help. If drug abuse is a common problem in your work place it may be in your interest to begin a drug awareness programme for staff and managers.

### Pack contents

Foil pouch containing drug test Full Instructions

### When should I do the test?

This test can be done at any time.

# How long will it take before I can read the result? The results can be read in 5 minutes.

### Precautions

- This test is for external use only.
- Do not use this test beyond the expiry date on the foil pouch.
- Use a new test for each urine sample to avoid false
- Do not use this test if the foil pouch has been opened.

### How accurate is this test?

This test is very accurate and the sensitivity levels meet the U.S.A. SAMHSA (Substance Abuse and Mental Health Services Administration) standards and recommended levels set by the National Institute on Drug Abuse (NIDA). There is however a possibility of false results due to the interference of other substances in the urine. One of the most common substances that causes false positives is **Codeine**, which is found in a variety of over-the-counter painkillers, including Nurofen Plus and Co-codamol. These products will give a positive result on an opiate / morphine test. It would be advisable to ask the person being tested if they are on any prescription drugs for medical purposes before the test is carried out.

## **Drug Test Strips & Panels**



Fig.1 Single Drug <u>Strip</u> Test



Fig.2 Single Drug <u>Panel</u> Test



Fig.3 Multi-Drug <u>Panel</u> Test

Due to the sensitive nature of this drugs test, you must be careful when carrying out the test to avoid contamination and thus inaccurate test results. Please read these instructions carefully before beginning the test.

### Test procedure

- Remove the test from the foil pouch (do not break the seal of the foil pouch until you are ready to begin the test).
- Using a plastic cup, obtain a urine sample from the individual who is being tested.
- If you have a panel test (shown in Fig.2 & Fig.3 above), pull the protective cap off the bottom of the test panel to reveal the absorbent testing strip(s).
- 4. Carefully dip the end of the test with the wavy lines into the urine sample, ensuring that the urine does NOT go above the MAX line. On the strip tests (shown in Fig.1 above), this is located just above the wavy lines; on the panel tests, make sure the urine does not touch the plastic case.
- Allow the test to absorb the urine for about 10-15 seconds.
- Remove the test from the urine, lay the test strip on a clean flat surface while the test lines develop.
- You can read negative results as soon as they
  appear but positive results must be read at least 5
  minutes after removing from the urine. All results
  should be read within 10 minutes, otherwise a false
  reading may occur.



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- Allow the test to absorb the urine for about 10-15 seconds.
- Remove the test from the urine, lay the test strip on a clean flat surface while the test lines develop.
- You can read negative results as soon as they appear but positive results must be read at least 5 minutes after removing from the urine. All results should be read within 10 minutes, otherwise a false reading may occur.

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### Results

Read the results of each strip individually and independent of each other

When looking at the test you will see a pink/red coloured line at the top of the test window. This is the Control Line (C). The next line that may or may not appear below the control is called the Test Line (T).



The control line (C), has to show as this confirms that the test has worked properly.

If no control line appears the test hasn't worked properly and you may need to do a further test.

A second pink/red coloured line below the control line, no matter how faint, should now appear. This is a negative result. If no further line appears below the control line then the individual has tested positive for that drug of abuse.

\*\*\*The colour intensity of the test band (T) is irrelevant; ANY second line (even a faint one) indicates a negative result\*\*\*

Use the drugs table below to work out which drug the abbreviated code corresponds to. For example, the code "THC" indicates Cannabis. Please note that the drug test you have bought will not test for all the drugs listed in the table below; you need to check the code(s) on the test to see which of the drugs your test will detect.

### What should I do with the results?

If you obtain a negative result then the person tested has none of the tested drugs of abuse in their body at this time. You may want to re-test again in a month's time If you obtain a positive result on one of the drug tests then a drug of abuse has been detected in the urine. We strongly advise you send the specimen away to have the result

Storage
This test should be stored between 2-30°C (36-86°F), do not freeze. Bring the test kit to room temperature before performing the test.

For more details:

Home Health (U.K.) Ltd 01923 711511 www.homehealth-uk.com info@homehealth-uk.com

### DRUGS TABLE

Abbreviat- ed name on test	Drug test Cut-off (ng/ mL)	Proper name	Other names	Approx. detectable time it remains in the body after use.
6-MAM	10	6-MONOACETYLMORPHINE	HEROIN, SMACK or GEAR	2-8 hours
AMP	1000	AMPHETAMINES	SPEED, AMPH or WHIZZ	2-6 days
BUP	10	BUPRENORPHINE	SUBUTEX	3-6 days
BZO	300	BENZODIAZEPINES	BENZO'S, ROOFIES	2-14 days
CFYL	500	CARFENTANYL / CARFENTANIL	WLDNIL	2-5 days
coc	100 (strips) 300 (panels)	COCAINE	COKE, CRACK or CHARLIE	2-5 days
COT	200	COTININE	NICOTINE	2-5 days
EDDP	300	EDDP / METHADONE	DOLLY, RED ROCK	2-4 days
FYL	20	FENTANYL	APACHE, CHINA GIRL, MURDER 8	2-5 days
K2	50	SYNTHETIC CANNABIS	BLACK MAMBA, BLISS, BOMBAY BLUE, FAKE WEED, GENIE, ZOHAI, SPICE	1-3 days
KET	1000	KETAMINE	SPECIAL K	2-5 days
LSD	20	LYSERGIC ACID DIETHYLAMIDE	ACID, BOOMERS or PANE	1-2 days
MDMA	500	METHLENEDIOXYMETHAMPHETAMINES	ECSTASY, E, XTC, PILL or DOVES	2-6 days
MET	1000	METHAMPHETAMINES	ICE, GLASS or METH	2-6 days
MOP/MOR	300	MORPHINE	OPIATES	2-5 days
OPI	2000	OPIATES	HEROIN, SMACK or GEAR	2-5 days
THC	20 (strips) 50 (panels)	CANNABIS	MARIJUANA, PUFF, SPLIFF or HASH.	Casual use 2-14 days; Heavy use up to 30 days.
TML	100	TRAMADOL	TRAMAL, ULTRAM	1-3 days

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